



## **PHOTO OPPORTUNITY**

For Immediate Release

May 1, 2010

Edmonton, AB

### **Simply Supper Meal Drive Delivers Comfort Meals to Edmonton Families in Need**

Edmonton - A small army of volunteers, friends and supporters will come together on Wednesday, May 1st for the 6th annual Simply Supper Helps Meal Drive. Each year volunteers assemble, pack up and deliver meals to families dealing with life's unexpected circumstances.

So far the initiative has delivered more than 5800 meals to over 352 households in the Edmonton-area.

"This event is a really emotion one for us every year," says Simply Supper owner, Monita Chapman. "The stories and circumstances these families in Edmonton are trying to manage are just unimaginable and we are happy to just make a few meals easier for them."

#### **Edmonton media are invited to the Simply Supper Helps Meal Drive Delivery Day**

##### **Photo Op: Simply Supper Meal Drive**

**Date: May 1, 2019**

**Time: 9:00 a.m. - 5:00 p.m.**

**Location: 2305 Rabbit Hill Rd.**

Families that receive assistance through the Meal Drive program are nominated by others based on need. The goal of the initiative is to help support households that may be experiencing a tough time in life, making meal time a real challenge. It is the hope of Simply Supper Owner, Monita Chapman, that the meals offer some comfort when life takes an unexpected turn.

"When life throws a family a curve ball, getting to the grocery store, making meals and cooking is always the first thing to go. Yet sitting down together as a family, eating a home-cooked meal, delivered with love and a hug can make all the difference," says Chapman.

The Simply Supper Meal Drive program fills the freezers of nominated Edmonton families needing that love, care and support. This year the meal drive aims to help families, by packing their freezers with 12 -14 meals each that are ready to pop into the oven for quick and easy home-made supper.

For more information please visit: <http://www.simplysupper.ca>

If you'd like to attend the Meal Drive, or would like to request an interview please reach out to us at the contact information below:

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